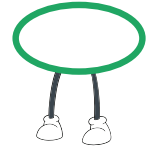
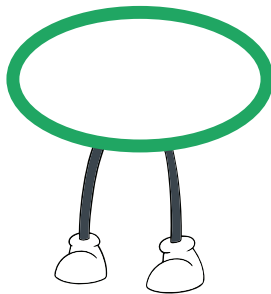


# The Real YOU Report



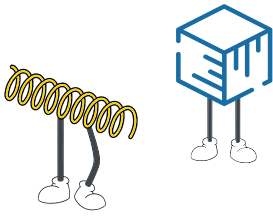
TEEN

## PATIENT PEACEKEEPER

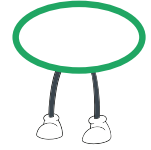


The **Patient Peacekeeper youth** has a presence about them that is calm, settled, and radiates evenness. Peacekeeper kids have an innate plan for living life at their own pace. This child is more self-aware and aware of others than most. Peacekeepers can appear to be “old souls.” They are solution seekers, processing ideas at their own pace in their own space that benefits the people in their life. Their strongest desire is to live true to themselves. Emotionally attuned, they are the kindest among us. Walking life steadily, practically, and originally is the way of a Patient Peacekeeper.





# The Real YOU Report



TEEN

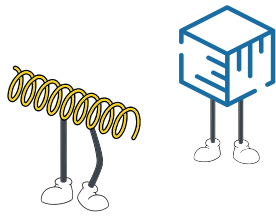
## What's Great about Patient Peacekeeper ME

- I like to help others
- I understand people—people gravitate toward me
- My kind spirit
- The original way I think about things
- My compassionate demander
- I'm easygoing
- I'm flexible
- I'm good at helping others get along
- I have a good imagination
- I promote peace

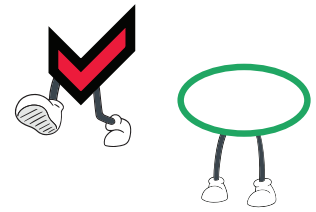
*Patient Peacekeeper Parent: You might suggest your teen print out this list as a reminder of how many great attributes they possess. Pass it round. Families communicate and relate better when they understand each other.*

## Things Grown-ups Need to Know about Patient Peacekeeper ME

- Emotional growth is core over accomplishment.
  - Approval—Love me because I am on planet Earth; don't make it performance based.
  - Affection—I'm a tactical kid. I like hugs.
  - Don't misinterpret my kindness for weakness.
  - Help me feel a sense of worth.
  - Understand my uniqueness.
  - I value respect for all.
  - I like to do things at my pace . . . and in my way.
- What Motivates ME:** Harmony, calmness, and caring. People getting along.
- What Matters to ME:** Relationships, loving, and being loved. People understanding that I move slowly, steadily, and deliberately and knowing I have a kind heart.
- What Makes a Difference to ME:** Being understood. Accepted and appreciated for whom I am—not what I accomplish.



# The Real YOU Report



TEEN

## Fears

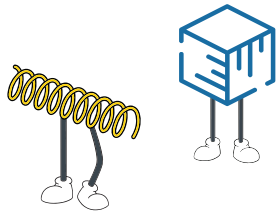
- Change
- Conflict
- Upset people
- Too many things to do at once
- Rushing
- People being left out
- Unkindness
- Being blamed for something I didn't do

## I Need Help with

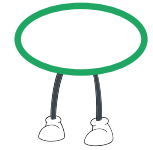
- Organizing time
- Speaking up for myself
- Being too sensitive
- Being too emotional
- Joining in larger groups
- Being taken advantage of
- Not getting lost in the shuffle of life

*Patient Peacekeeper Parent: Going to school is your child's main job. Here is some helpful information for you to know. Decide what key points to share and discuss with your Peacekeeper teen so that they understand themselves to a greater degree and know you understand them also.*





# The Real YOU Report

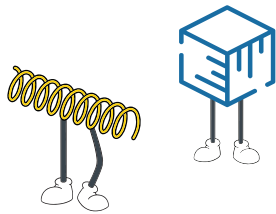


TEEN

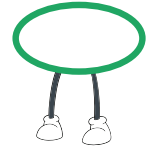
Teen Peacekeepers	
Good News	Bad News
Concerned	Codependent
Creative dressers	Weird
Independent	Isolated/loner
Nonchalant	Lazy
Accommodating	Used by peers
Compassionate	Nonassertive
Slow-paced	Unmotivated
Individualists	Nonconforming
Caring	Apathetic
Balanced	Not motivated by what others think



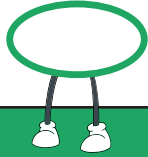
In *The Real YOU . . . Making Sense of Relationships*, your Patient Peacekeeper teen is covered on pages 146–149 and 151–164.



# The Real YOU Report



TEEN



## PATIENT PEACEKEEPER

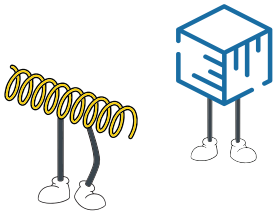
This kind, calm student makes decisions with their heart and can get lost in a hectic, competitive classroom. Patient Peacekeepers sit quietly trying to do what they are supposed to and not upset the teacher—or anyone for that matter. The Peacekeeper is a reserved student in a hustle-bustle classroom. This compliant student is often reluctant to ask for help. **This child shines brighter one-on-one or in situations in which they know that they are helping and adding value.** Distance learning, home teaching, or even doing their homework in their own space will be refreshing for this student's soul.

### Learns Best

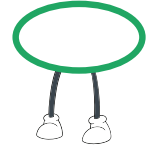
This is a steady-paced student. Going with the flow and not against it is key for this child who like things in smooth moderation. **Peacekeepers are versatile while remaining balanced.** Just as their scores on the Type Indicator are usually very balanced so are their choices for learning modalities. They have the best listening skills of the four types. **These children have the qualifications to make great students. Just don't let them get lost in the crowd.**

### Learning Space

A space that is comfortable, inviting, congenial, with familiar things works best for this child. A space to make their own. **This child likes things that feel good to the touch.** Soft things, bean bag chairs, and well-washed blankets could be part of this student's space. Listen to your child and work it out together. They need to know you are here to make them comfortable and safe.



# The Real YOU Report



TEEN

## Challenges and Tips

**Challenge:** Getting overwhelmed with fast pace, quick changes, and pressure to rush. This teen does not like to rush. They like to march to the beat of their own drum. **Steady, smooth, and moderate is their speed, motion, and energy.** In most families, life is hectic and fast paced.

**Tips:** When school is in session, the more you can do ahead, the better. Help them observe what happens if they don't manage time well. **Time management coaching might be ongoing with this child.**

**Challenge:** This teen does not like to confront or be confronted. This is not an aggressive child. **Make sure your child is not invisible at school.** They may take bullying and not tell you and not fight back.

**Tips:** Watch for extra quietness and lack of enthusiasm for certain situations. Find the balance between this teen's natural empathy and compassion and their bold place. Yes, this child has a bold place. It is uncovered when others are being mistreated. **They can often stand up for a cause but sometimes not themselves.** Bold is not aggressive. In this student, it looks like righteous indignation. Then they peacefully protest. Talking, understanding, and stating you understand them are key with this child.

**Challenge:** Co-dependent. This is the classic case of strengths taken too far. Compassion turns into supporting the underdog at the expense of themselves—losing themselves. This happens more often with older students. **These children wear their hearts on their sleeves**—they are kind beyond measure.

**Tips:** Help them find the balance. This teen lives balance and moderation, but when human hearts are involved, they sometimes lose that balance. Talking, sharing authentically and without judgment about what you see, will help bring clarity and hopefully balance back to this child.

**Challenge:** Boundaries. Standing up for themselves. Need not to get taken advantage of. Their generosity and compassion sometimes go too far.

**Tips:** Kindness is not weakness. Again balance is key. Middle ground is where this child dwells. If a situation has gotten them off balance, help them find it. If you talk calmly and fairly, it will go better. **This teen has a sixth sense for fairness.** You cannot have an agenda, or they will sense it—this is not about power or control. It must be about kindness and compassion. Remember, if you speak honestly, they will listen. **They were born mediators.**

*Your Patient Peacekeeper will bring heart to your family. Enjoy this diplomatic, kind, and compassionate child.*