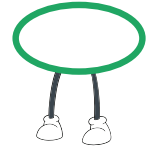
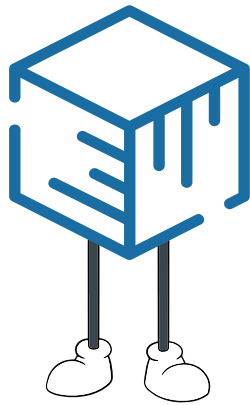


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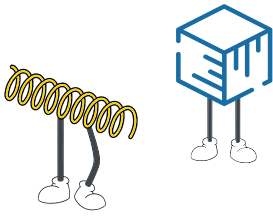
TEEN



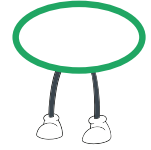
PRECISE PLANNER

Both the word *precise* and *planner* are fundamental keys to this teen, and some method of reporting is desirable for this teen. Order, systems, schedule, routines, and progress charts on the refrigerator are dear to this child's heart. Thoughtful about everything from their energy, which is moderate, to how to treat others, this child has a plan. Everything runs through their brain first. This is a serious-minded teen who thinks and processes before they move forward. Precise Planners usually do not entertain wild tangents of spontaneity. They are concise with time and energy. You can usually depend on your logical and responsible Precise Planner.





The Real YOU Report



TEEN

What's Great about Precise Planner ME

- I am responsible
- I am loyal
- I am practical
- I can be trusted
- I know how to organize things
- I am thoughtful
- I follow rules
- I like to solve problems
- I think for myself
- Usually I like things neat
- I am reflective
- I like structure

Precise Planner Parent: You might suggest that your teen print out this list as a reminder of how many great attributes they possess. Pass it round. Families communicate and relate better when they understand each other.

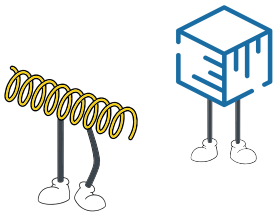
Things Grown-ups Need to Know

- For **emotional growth** I need: to be appreciated and acknowledged for the way I think things through and try to get it right, for my quality work, and for the fact that I am trying to be responsible and dependable.
- I like an orderly life.
- Security is important to me.
- Belonging to the family is important to me right now—later it will also be belonging to organizations.
- I take things seriously.
- I like specific affirmation—“Good job” is too general.

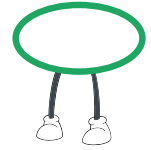
What Motivates ME: Doing my part. Doing a good job. Being responsible with age-appropriate tasks and being affirmed for my quality work.

What Matters to ME: People understanding me and how I am wired. Being appreciated in specific and quality ways. Contributing to my family and school. Being a person of my word.

What Makes a Difference to ME: Structure and order. Systems and punctuality. Having time to think things through. Privacy sometimes. Family times that are planned and organized.



The Real YOU Report



TEEN

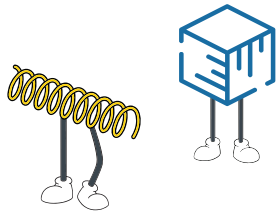
Fears

- Making mistakes
- Not being understood
- Not being accepted for my ideas
- Dismissed after I have done my best
- Having to do something poorly or halfway
- Having my things messed up
- No schedule or routines

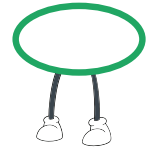
I Need Help with

- Understanding when my well-thought-out plan can't always happen
- Changing plans when the family or school has to
- Being more adaptable
- Looking on the bright side
- Being more flexible about how life always changes
- Understanding that everyone isn't as worried about getting it right as me
- Understanding when others make mistakes
- Being more playful

Precise Planner Parent: The Precise Planner's main job for now is schooling. Here is some helpful information for you to know. Decide what key points to discuss with your Planner teen so that they understand themselves to a greater degree and know you understand them also. Precise Planners will usually not be challenging students for teachers. They are usually good students who try hard and get the work done to the best of their ability. Their desire for perfection might create a challenge sometimes. Talk about expectations with your student. Help them to not be so hard on themselves.



The Real YOU Report

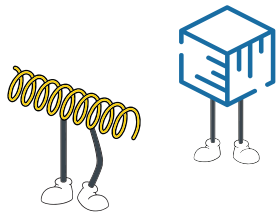


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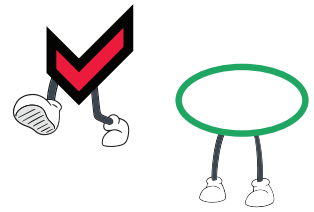
Teen Planners	
Good News	Bad News
Organized	Inflexible
Trustworthy	Secretive
Serious Student	Puts way too much pressure on self—all work, no play
Determined	Disappointed in their own performance
Steady	Self-critical
Observer	Withdrawn
Thoughtful	Hurt by insincere people
Sensible	Nerdy
Responsible	Old fashioned
Quality person	Goodie-goodie
Traditional	Hangs onto clothes even when they are old and worn



In *The Real YOU . . . Making Sense of Relationships*, your Precise Planner teen is covered on pages 127–134 and pages 151–164.



The Real YOU Report



TEEN



PRECISE PLANNER

The structure and organization of school are good for this student. Most Planner children fit in the public school system well and also private schools. They like the routine, boundaries, and guidance school provides. This is a punctual, generally consistent student who wants to respect and be respected. They do the work and try to get it right. Usually they can sit still and pay attention longer than the other three types. This attribute is beneficial in a public school setting. Affirm this student for these important schooling traits.

Try to make home as much like school as possible for this child. **Free flowing and loose is foreign to this student's energy and needs.** Talk with your child; help them find and organize their materials and space. Keep it as orderly and consistent as possible. Remember to respect the job they are doing.

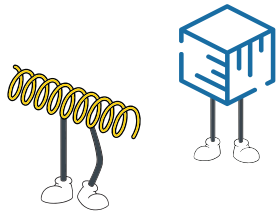
Learns Best

The energy and operating style of this student is steady, sequential, systematic, and detailed. Planners are dot-the-I, cross-the-t students. Usually, they can read and follow directions well. They think things through and learn by studying visuals, models, graphic charts, diagrams, and analyzing organized data. Reading and writing as a learning method works for most Planners. Others also add listening and some learn by doing. No two students learn exactly alike. **Planners process internally.** They want to know they know it before moving forward. This solid, intentional student takes one step at a time. They usually work hard and try for a quality outcome.

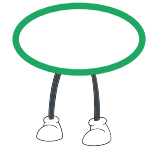
Learning Space

The Planner's space should be private, functional, and organized with some storage space. **Systems and order are at the core of this teen.** Help them get as much of this as possible. Space may be a problem for you, as it is in most homes. Work with your student to figure out their space so as many of their needs are met as possible. They need to know you understand and support them.





The Real YOU Report



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Challenges and Tips

Challenge: Really wants things done right. This is good news and bad news. Not having the instructions, guidelines, or correct supplies can really disturb this student. This teen tends to perfectionism, and when the schoolwork or homework can't be done perfectly, they can become upset.

Tips: Talk about managing expectations. **Being flexible and realistic is important with this student.** Encourage your Planner student. Help if need be. Many will not need help.

Challenge: Planners are systematic. If there are no systems, chaos of any kind can stress them.

Tips: A space of their own to do their work if possible would really benefit this student. Let them organize it and be responsible for it. They don't like change. **Try to keep things consistent for this student.** Meals on time and family schedules work for this teen.

Challenge: Things going wrong. Messy, torn, damaged papers are extremely hard on this child. Technology or systems that do not work are frustrating for all personality types, but Precise Planners suffer a bit more in these cases.

Tips: Having conversations about this precise trait will help your student handle the unpredictability of life. **Encourage them to find ways to cope with the messiness of life.** Often they need to lighten up on themselves but don't like to hear it. Approach this need to go easy on themselves with understanding and respect. Dignity, loyalty, and integrity are important to this student. They like people in authority to display these traits. Know this when talking with your Planner student.

Challenge: Feeling respected. This student is the most serious of all types about doing things right. They have a solid presence about who they are and what they do. They need to know you know that and respect it.

Tips: Let them know you understand who they are and what they need. But here is a big "but," they are always going to have to adjust to change. Talking about flexibility is important with this child.

Your Precise Planner child is reliable and steady. Help them plan to play and experience the freedom of youth. Their grown-up life will be serious enough. Have some organized fun with this great kid. Help them experience their version of carefree.